



**Dart 15 TT (Northern Championship)
Dart 18 TT (UKIDA)
Catapult TT
Open Meeting
at
Carsington Sailing Club
18th & 19th April 2026**

SAILING INSTRUCTIONS

The Organising Authority is Carsington Sailing Club
in conjunction with
the UK Dart 15 & Dart 18 Class Associations & The Catapult Class Association

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing 2025 – 2028 (RRS)*.
- 1.2. Competitors will be required to sail to the RYA Racing Charter, which can be found in the RYA Racing Rules of Sailing 2025-28, the Rules of Carsington Sailing Club, competing Classes Rules and Severn Trent Plc requirements.
- 1.3. In the event of a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail.
- 1.4. The notation '[DP]' in a rule in the SIs means that the penalty for a breach of that rule may, at the discretion of the protest committee be less than disqualification.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted on the official Race Notice Board located in the clubhouse at least 45 minutes before the designated starting time of the race or races concerned. IC Flag 'L' will be displayed on the clubhouse flagpole.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Notice Board located at the Clubhouse.
- 3.2 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on the flagpole located at the Clubhouse.
- 5.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 20 minutes'. This changes the meaning of AP in RRS race signals.
- 5.3 No boat may launch whilst AP is displayed ashore.

6 SCHEDULE

- 6.1 The intended schedule is as below.

Day	Date	Event	Location	Time
Saturday	18 April	Competitors Briefing	Clubroom or on clubhouse terrace	11.45
Saturday	18 April	Warning signal for race 1	On the water	12.55
Saturday	18 April	Warning signal for race 2	On the water	ASAP after race 1
Saturday	18 April	Warning signal for race 3	On the water	ASAP after race 2
Sunday	19 April	Warning signal for race 4	On the water	10.25
Sunday	19 April	Warning signal for race 5	On the water	ASAP after race 4
Sunday	19 April	Warning signal for race 6	On the water	ASAP after race 5

- 6.2 The schedule may be altered by the Race Committee due to the weather conditions or other causes.
- 6.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 6.4. On the last scheduled day of racing no warning signal will be made after 14:30.

7 CLASS FLAGS

- 7.1 The class flag for the Dart 15 fleet will be a yellow flag with the Dart 15 class logo in blue – see Appendix B.
- 7.2 The class flag for the Dart 18 fleet will be International Code Flag D – see Appendix B.
- 7.3 The class flag for the Catapult fleet will be International Code Flag C – see Appendix B

8 RACING AREA

- 8.1 Racing will take place on Carsington Water Reservoir except the 'out of bounds' areas marked by either orange or white buoys where it is prohibited to sail at all times.
- 8.2. Competitors should note that extra care should be taken in multi-user areas shared with Carsington Water Sports Centre. Craft from the Centre may be crewed by persons with little or no knowledge of collision avoidance rules. Boats shall keep clear of these craft at all times. These craft shall be designated an obstruction.
- 8.3 When IC Flag A is displayed on the orange buoys marking the diving area, this indicates that divers are active and boats shall keep clear.

9. THE COURSE

- 9.1. Appendix A shows the anticipated course, the order in which the marks are to be passed and the side on which the mark is to be left.
- 9.2. No later than the warning signal, the race committee signal vessel will display the number of laps to be sailed.
- 9.3 The proposed course in Appendix A may be amended at the discretion of the Principal Race officer. Any such amendment will be advised to competitors at the event briefing and posted on the event official noticeboard.

10. MARKS

- 10.1 MARKS 1,2,3,4 are large orange cylindrical buoys.
- 10.2 The starting marks will be a committee boat at the starboard end of the line displaying an orange flag. The port end of the line will have an outer distance mark comprising a dan buoy with a red flag.
- 10.3 The finishing marks will be the same as the starting marks.

11. OBSTRUCTIONS

11.1 A safety boat attending a boat or competitor in difficulty is an obstruction. Boats racing shall pass at least 20m from the obstruction, and must not pass between the safety boat and the boat or competitor in difficulty.

12. THE START

- 12.1 Races will be started by using RRS 26 with the warning signal made five minutes before the starting signal.
- 12.2 The starting line will be between a mast displaying orange flag on the race committee signal vessel and the course side of the starting mark.
- 12.3 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A4 and A5.
- 12.4 If a start under RRS 30.4 is recalled or abandoned after the starting signal, the sail numbers of the boats that have been disqualified from the race under that rule shall be displayed on the race committee signal vessel for a minimum of 3 minutes before the next warning signal. A repeated sound signal will be made as the numbers are first displayed. This adds to RRS 30.4.
- 12.5 The Dart 18 fleet will start first.
The 'Go' signal for the Dart 18 fleet will be the 5 minute warning signal for the Catapult fleet.
The 'Go' signal for the Catapult fleet will be the 5 minute warning signal for the Dart 15 fleet.

13. CHANGE THE NEXT LEG OF THE COURSE

- 13.1 To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 13.2 Minor mark moves (up to approximately 50m) may be made without signalling the change. This changes RRS 33.

14. THE FINISH

- 14.1 The finishing line will be between a mast displaying a blue flag on the race committee signal vessel and the outer finishing mark.

15. PENALTY SYSTEM

- 15.1 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

16. TIME LIMITS AND RACE TIMES

- 16.1 The time limits and target times are as follows:

Race Time limit	Mark 1 time limit	Race Target time
75 minutes	20 minutes	45 minutes

- 16.2 If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 16.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored 'Did Not Finish' (DNF) without a hearing, unless SIs 14.2 and 14.3 apply. This changes RRS 35, A4 and A5.

17. HEARING REQUESTS

- 17.1 Protest forms are available at the Clubhouse. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

The RYA Advisory/Arbitration Process will be available as an alternative to full Protest.

- 17.2 The protest time limit is 30 minutes after the last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- 17.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located in the Clubhouse, beginning at the time posted.
- 17.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 61.1(b).

- 17.5. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted.

18. SCORING

- 18.1. RRS Appendix A 5.3 shall apply.
- 18.2. Three races are required to be completed to constitute a series.
- 18.3. When fewer than four races have been completed, a boat's series score will be the total of her race scores.
- 18.4. When from four to six races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 18.5. RRS 90.3e shall apply.

19. SAFETY REGULATIONS

- 19.1. A boat that retires from a race shall notify the race committee or official boat as soon as possible. This is to be declared on the sheets and stating from which races the boat retired. Declaration sheets will be located on the official notice board.
- 19.2. The buoyancy, safety of the boat, crew and her management are the sole responsibility of person in charge of her. It is the sole responsibility of the helm/crew to decide if it is safe for them to go afloat, taking into account the state of the craft, their own sailing experience and ability and the weather conditions during the time they are afloat. See Risk Statement below.
- 19.3. All competitors shall wear appropriate buoyancy aids.

20. REPLACEMENT OF CREW OR EQUIPMENT

- 20.1. Substitution of competitors will not be allowed without prior written approval of the race committee. [DP].
- 20.2. Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity. [DP].

21. EQUIPMENT AND MEASUREMENT CHECKS

- 21.1. Equipment may be inspected or measured at any time during the event for compliance to the class rules.

22. TRASH DISPOSAL

- 22.1. Rubbish shall not be thrown in the water. It may be placed aboard support or official boats. [DP].

23. BERTHING

- 23.1. Boats shall be kept in their assigned places whilst in the dinghy park.

24. PRIZES

- 24.1. Prizes will be awarded at the discretion of the competing classes.

25. RISK STATEMENT

- 25.1. Rule 3 of the RRS states "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone".

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk while taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event

organiser does not relieve them of their own responsibilities;

(f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

(g) It is their responsibility to familiarise themselves with any risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any competitors briefing held for the event.

26. INSURANCE

26.1 Each boat shall be insured with valid third-party liability insurance with a minimum cover of £3,000,000 per incident or equivalent.

END OF SAILING INSTRUCTIONS

APPENDIX A- THE COURSE

Start/Finish

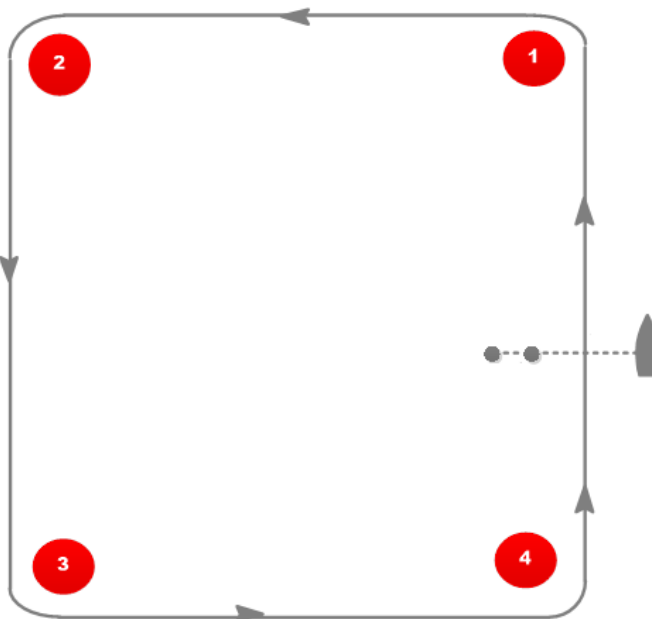
The start/finish line between the committee boat and the outer distance mark forms an upwind gate G. Boats must pass through the gate each lap.

Failure to do so will result in the lap not being counted.

The port end/outer distance mark of the start line may be moved towards the Committee boat after the start.

The arrangement shown below is diagrammatic and not to scale. Angles and distances between marks are representative only. Mark 1 will be positioned as best as possible directly upwind of the committee boat.

Laps	Mark rounding order
1	Start-1-2-3-4-Finish
2	Start 1-2-3-4-G-1-2-3-4-Finish
3	Start 1-2-3-4-G-1-2-3-4-G-1-2-3-4-Finish
4	Start 1-2-3-4-G-1-2-3-4-G-1-2-3-4-G-1-2-3-4-Finish



APPENDIX B

DART 15 FLEET CLASS FLAG



DART 18 CLASS FLAG (International Code Flag D)



CATAPULT CLASS FLAG (International Code Flag C)

