

CARSINGTON SAILING CLUB LTD

Catapult Open Meeting 9th & 10th April 2022

Open Meeting being run with Club racing

Sailing Instructions

1.0 General

- 1.1 The Current Racing Rules of Sailing (RRS), RYA Prescriptions, these Sailing Instructions, the Rules of Carsington Sailing Club Ltd, Class Rules and Severn Trent Water plc's requirements will apply to all involved in racing. Open Meetings will be covered by separate instructions.
- 1.15 Rule RRS44.1 (Taking a Penalty) is amended to read : A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 in an incident while racing.
- 1.2 The buoyancy, safety of the boat, crew and her management are the sole responsibility of person in charge of her. It is the sole responsibility of the helm/crew to decide if it is safe for them to go afloat, taking into account the state of the craft, their own sailing experience and ability and the weather conditions during the time they are afloat. See Risk Statement below.

RISK STATEMENT

Rule 3 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that;

- a. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event.
 - b. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore.
 - c. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
 - d. Their boat is in good order, equipped to sail in the event and they are fit to participate.
 - e. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organiser does not relieve them of their own responsibilities.
 - f. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.
 - g. It is their responsibility to familiarise themselves with risks specific to this venue or this event drawn to their attention in any rules and information produced for the venue or event and to attend any safety briefing held for the event.
 - h. Their boat is adequately insured, with cover of not less than £2 million against third party claims.
- 1.3 Rule 40.1 applies at all times whilst afloat. All persons shall wear appropriate buoyancy aids. Wet and / or dry suits alone are not adequate personal buoyancy. Auto-inflation lifejackets must be worn on the outside of all clothing. Protective clothing shall be worn in accordance with Club Rule 7.4.

- 1.4 A registration form shall be completed prior to racing and the appropriate fee paid by the person in charge of the boat.
- 1.5 The Course area is the Sailing area of the reservoir **except** for the 'out of bounds' areas, where it is prohibited to sail at all times (marked by either orange or white buoys).
- 1.6 Extra care should be taken in multi-user areas shared with the Carsington Water Sports Centre. Craft from the Centre may be crewed by persons with no knowledge of collision and avoidance rules. Boats shall keep clear of these craft at all times. These craft shall be designated "an obstruction".
- 1.7 When I C Flag "A" is displayed on the orange buoys marking the diving area, this indicates that divers are active, and boats shall keep clear.
- 1.8 No spinnaker shall be flown in the "Bay Area" (the area in front of the Clubhouse where boat moorings are in place) unless I C Flag "E" is displayed on the Clubhouse flagpole.
- 1.9 A declaration sheet is in the Clubhouse to be signed by the person in charge of a boat who has retired, is protesting (forms available from the office), or is requesting redress. The time limit for declaration 30 minutes after the finish of the last boat. If the races are back to back the time limit is from the time the last boat finishes the last race.
- 1.10 A minimum number of starters for a valid race in a Fleet is two.
- 1.11 4 knots minimum wind strength is required over the whole water to start a race. The Race Officer will decide whether there is enough wind to race.
- 1.12 Signals made ashore will be displayed on the Clubhouse flagpole on the front patio. When flag AP is flown ashore, "1 minute" is replaced by "not less than 20 minutes" (Change to race signals).
- 1.13 The Schedule and Starting Times of Races will be as published in the Notice of Race, but may be subject to change on the day.
- 1.14 Notices to competitors will be posted on the official Race Notice Board located in the Clubhouse.

2.0 The Course

- 2.1 The course to be sailed will be indicated by numbers / letters corresponding to the racing marks either on the Committee Boat or Box or defined separately.

3.0 The Marks

- 3.1 For Open Meetings either Club marks or large orange inflatable buoys may be used which are not numbered – course number will depend on the course laid.

4.0 The Start

- 4.1 An Orange Flag shows the Race Officer is in position at the Start Line.
- 4.2 The Open Meeting Racing is being run in conjunction with club racing.
 - Racing signals will be made 4,2, Go in line with normal Club Racing.
 - The Catapult fleet will be the last fleet to start.
 - The Warning Signal will be made 4 minutes before fleet starts – the first fleet to start flag is displayed, one sound signal.

- In the event of a General Recall for the Catapult fleet, the IC Flag “1st Substitute” will be displayed plus 2 sound signals. The new Warning signal will be 1 minute after the General Recall flag is removed.

4.3 If the Open Meeting involves more than one class each with their own start the Warning Signal for the next Start i.e. Fleet Flag will be displayed at the start signal of the preceding Class.

4.4 The Start line will be closed 4 minutes after the last Start.

5.0 The Finish

5.1 The “About to Finish Signal” will be a Blue Flag displayed on the Committee Boat/Box plus 2 sound signals as well as the individual finishing Class flag(s). If all Classes are finishing only the Blue Flag shall be displayed. The “About to Finish Signal” (and class flag(s) if required) shall be displayed before the first boat of the Class to be finished rounds the leeward mark for their last time. [this changes the meaning of the blue flag in race signals]

5.2 The Finish Line will be:

- For a Committee Boat Finish – between a mast displaying a Blue Flag on the Committee Boat and the Outer Finish Mark.
- For a Race Box Finish – between an Orange Mast on the Race Box and the Start / Gate / Mark as the Outer Finish Mark.

6.0 Time Limit & Target Times

6.1 The Race duration from the first (non-recalled) start will be approx.. 45 minutes.

6.2 The Time Limit of the race for each class will be 90 minutes.

6.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes rules 35, A4 and A5.

7.0 Scoring

7.1 The Low Point Scoring System will apply.

8.0 Changes to Sailing Instructions

8.1 Any proposed changes to these Sailing Instructions will be posted on the official Race Notice Board 45 minutes before the designated starting time of the race or races concerned. IC Flag “L” will be displayed on the Club flagpole.